



## PRODUCT INFORMATION

**PUSH®**  
braces

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04/2020

12039-50 / 8

Made in the Netherlands  
Designed in the Netherlands

www.push.eu



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The Netherlands

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## PUSH MED SHOULDER BRACE

### INTRODUCTION

Push med products provide effective solutions for the treatment and prevention of injuries of the locomotor apparatus. The products have been approved by medical specialists and scientists.

Your new shoulder brace is a Push med product, characterised by a high level of effectiveness, comfort and quality. The Push med shoulder brace offers proper fixation and pain relief. Mechanical support and good position retention constitute the basis of its performance.

Push med products are innovative and are manufactured for you with great care. The aim is to provide optimal security. In the interest of satisfied users. Read the product information carefully before you use the Push med shoulder brace. If you have any questions, do not hesitate to ask your supplier or use [www.push.eu](http://www.push.eu) (info@push.eu).

### PRODUCT CHARACTERISTICS

Your Push med shoulder brace consists of three components. The breast strap, which is closed around the lower chest or upper waist, constitutes the basis of the brace. This strap only needs to be adjusted once for the correct size. The upper strap ensures fixation of the upper arm against the body, preventing loss of the shoulder. The position of the shoulder brace can be changed easily by turning the breast strap slightly. The main function is to fix the comfort wrist fixation. The position is thus changed from the Brustfixation to the shoulder support. Beim Anziehen kann die Hand leichter bewegen. Das Fixieren der Arme ist sicher und die Hand wird nicht aus dem Griff gelöst. Dieses Prinzip ermöglicht eine optimale Sicherheit. Der Arm wird durch den Haken am Oberarm stabilisiert und die Hand wird durch die Verstärkung des Arms und die Verstärkung des Halses gehalten. Wenn der Arm abgesenkt wird, kann die Hand leichter bewegen. Die Bandage umfasst die Schultergelenke nicht. Jeder Fixierungspunkt ist für eine optimale Anpassung, für einen optimalen fit in allen Umständen.

The Push med shoulder brace can be washed normally.

### INDICATIONS

- Collarbone fracture
- Treatment after (sub)luxation
- Treatment after (sub)luxation of the SC or AC joint
- Subcapital humerus fracture
- Humeroscapular periarthritis
- Postoperative treatment
- As a sling in the case of a flaccid hemiparesis (also at night)

There are no known disorders where the brace cannot or should not be worn. In the case of poor blood circulation in the limbs, a brace may cause haemoptysis. Avoid applying the brace too tightly in the beginning.

Pain is always a sign of warning. If the pain persists or the complaint deteriorates, it is advisable to consult your doctor or therapist.

### FITTING / SETTING

The shoulder brace is available in 3 sizes. For each size, the model can be used for both the left and the right shoulder. For proper fitting, the chest circumference is measured for the links as well as for the right shoulder. The table on the packaging shows the correct brace size for your chest circumference.

The correct fitting sequence is determined by the increasing molecule symbols on the hook and loop fasteners (□ □ □).

Before the brace is fitted, it is recommended to attach the various braces, in order to get a good overview of the brace.

A. Close the breast strap so that it fits comfortably (□).

For the professional who supplies the brace: Before initial use, the strap of the brace must be adjusted for the patient once:

A1. Then adjust the breast strap so that it fits closely to the body and feels comfortable for the patient.

B. Close the upper arm strap by passing the strap through the clasp and closing it just above the elbow (□).

C. Close the wrist fixation (□). You may slide the wrist fixation and hand support on the breast strap to the left or to the right, to achieve the best possible position.

Fixing instructions for patients in a reclining position:

- Measure half of the circumference of the patient
- Multiply this by 2
- Stellen Sie den Umfang des Brustbandes an der Rückseite mithilfe der Schnalle ein
- Offnen Sie das Brustband am Schnellverschluss
- Fix the brace

### CARE AND MAINTENANCE



Before washing, close the hook and loop fasteners to protect the brace and other laundry.

The brace can be washed at temperatures up to 30 °C, on a delicate fabrics cycle or by hand. Do not use any bleaching agents.

A gentle spin-dry cycle can be used; after this, hang the brace up to dry in the open air (not near a heating source or in a tumble drier).

To extend the brace's service life, it should be dried after use, if necessary, before being stored.

### IMPORTANT

- Proper use of the Push brace may require diagnosis by a doctor or therapist.
- Push braces were designed to be worn on an undamaged skin. Damaged skin must first be covered with suitable material.
- Push braces were designed to be worn on an undamaged skin. Damaged skin must first be covered with suitable material.
- Optimal functioning can only be achieved by selecting the right size. Fit the brace before purchasing, to check its size. Your reseller's professional staff will explain the best way to fit your Push brace. We recommend that you keep this product information in a safe place, to be able to consult it if fitting instructions whenever needed.
- Consult a brace specialist if the product requires individual adaptation.
- Check your Push brace each time before use for signs of wear or ageing of components or seams. Optimal performance of your Push brace can only be guaranteed if the product is fully intact.
- Within the framework of EU regulation 2017/745 on medical devices, the user must report any serious incident involving the product to the manufacturer and to the competent authority of the Member State in which the user is established.
- It is advisable in the case of possible skin irritation to wear the brace over one's clothes.

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